

Forearmband Sizing Guide

forearm - Measure the widest part of the bicep

Length- Measure from the widest part of the forearm to the wrist

Size	Forearm	Length
XXS	6.75"	8.25"
XS	7.75"	9.25"
SM	8.75"	10"
MD	9.75"	10.75"
LG	10.75"	11.5"
XL	12.75"	11.75"
XXL	14.75"	12"

