

Colorguard Sizing Guide

1. Chest - Measure around the body at the fullest part of the chest, under the arms, and with the arms down and relaxed.

Waist- Measure around the waist at the narrowest point (usually just below the belly button).

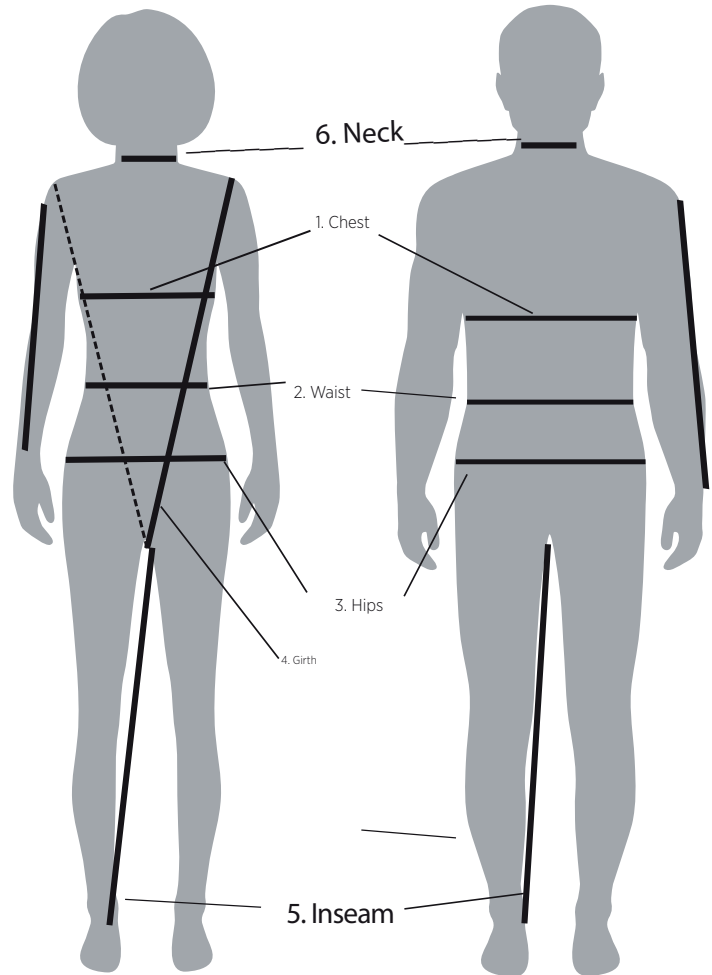
Hips - Measure around the hips at the widest point.

Girth - Measure from edge of left shoulder, down the front of the body, through the legs, up the back of the body, and to the edge of the right shoulder.

Inseam - Measure inside of legs.

Neck - Measure around base of neck.

Arms - Measure from top of shoulder to wrist.



Size	Chest	Waist	Hip	Girth	Inseam	Neck	Arm
2XS	23-25	21-23	27-29	52	32.0	11.5	22
XS	26-28	24-26	30-32	52.5	32.0	12	22
S	29-31	27-29	33-35	53	32.0	12.5	22
M	32-34	30-32	36-38	54	32.0	13	22
L	35-37	33-36	39-41	56	32.0	13.5	22.5
XL	38-41	37-39	42-44	58	32.0	14	22.5
2XL	42-44	40-43	45-48	60	32.0	15.5	23
3XL	45-47	44-47	49-52	62	32.5	16.5	23.5
4XL	48-51	48-51	53-56	63.5	32.5	17.5	23.5
5XL	52-54	52-54	57-61	65	33.0	18.5	24
6XL	55-58	55-58	62-65	67	33.0	19.5	24.5

**Ordering full pieces on glitter foil should be sized one size larger.

** Fitted unitards will have an extra 4" on the inseam.

**WE RECOMMEND CONSIDERING THE LARGEST MEASUREMENT WHEN DETERMINING A SIZE.
ALTERATIONS CAN BE MADE, BUT FABRIC CANNOT BE ADDED.**